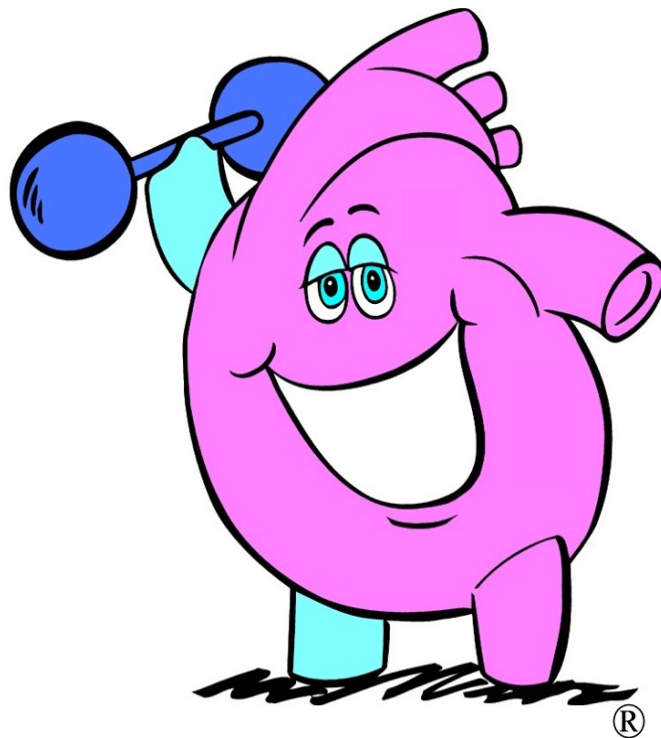

Chapter 7

Teacher Resources



Educational Sites

Body Wise <http://www.girlpower.gov/girlarea/bodywise/Index.htm>

Dole 5-A-Day www.dole5aday.com

Information for kids, parents, and teachers about why fruits and vegetables are so good for you

The Heart: An Online Exploration <http://www.fi.edu/biosci>

Just about everything you would want to know about the heart and the circulatory system
(*Franklin Institute*)

How to Teach Nutrition to Kids <http://www.nutritionforkids.com>

Offers a free “Feeding Kids Newsletter”, helpful nutrition tips and activities, and information on ordering publications (*24 Carrot Press, Connie Evers, RD*)

Kids Growth <http://www.kidsgrowth.com>

National Food Service Management Institute www.olemiss.edu/depts/nfsmi

This site has nutrition and nutrition education materials available for sale (including Pyramid Builders, a nutrition education program for K-5 developed by Nutrition Services, Kansas State Department of Education).

National SafeKids Campaign <http://www.safekids.org/>

Information on how to keep kids safe

Neuroscience for Kids <http://faculty.washington.edu/chudler/neurok.html>

Students and teachers who would like to learn more about the brain and spinal cord will enjoy this site. It includes images, useful diagrams and practical activities including instructions on how to make a model brain. (*Developed by faculty at the University of Washington*)

Nutrition Café <http://www.exhibits.pacsci.org/nutrition>

Interactive site for kids offers several fun games (*Pacific Science Center*)

Nutrition Explorations www.nutritionexplorations.org

Resources for teachers and school foodservice personnel

Open the Door to a Healthy Heart <http://www.healthyfridge.org/mainmenu.html>

School Menu.Com www.schoolmenu.com

Designed primarily for younger kids, this site involves students in games, puzzles, jokes and other quick and colorful activities, all in the name of nutrition and fitness.

SPARK – Sports, Play and Active Recreation for Kids

<http://www.foundation.sdsu.edu/projects/spark>

SPARK features a collection of exemplary, research-based physical activity programs, including an innovative elementary physical education curriculum. (*San Diego State University*)

Tobacco vs. Kids <http://www.tobaccofreekids.org>

Provides access to a variety of program resources for tobacco use prevention (*Campaign for Tobacco-Free Kids*).

Your Gross and Cool Body <http://yucky.kids.discovery.com/body>

Everything you ever wanted to know about spit, belches, snores and more! Site combines a fun presentation style with sound information backed by science concepts. (*The Discovery Channel*)

Yum Yum <http://yumyum.com>

A database of healthy recipes with links to other sites offering over a million recipes.

Government Sites

Arkansas Department of Education <http://arkedu.state.ar.us/>

Arkansas Department of Health <http://www.healtharkansas.com>

Arkansas Department of Health – Office of Oral Health <http://www.aroralhealth.com>

Center for Nutrition Policy and Promotion (USDA) <http://www.usda.gov/cnpp>

Consumer Information Center <http://www.pueblo.gsa.gov>

Food and Nutrition Information Center (USDA) <http://www.nal.usda.gov/fnic>

Information on the Food Guide Pyramid and Dietary Guidelines for Americans as well as detailed nutrient information on foods

Healthfinder <http://www.healthfinder.gov>

Healthy School Meals Resource System (USDA) <http://schoolmeals.nal.usda.gov/>

Contains a wealth of information on school meals as well as activities for children

National Cancer Institute www.nci.nih.gov

National Heart, Lung, and Blood Institute www.nhlbi.nih.gov

National Institute of Diabetes and Digestive and Kidney Diseases <http://www.niddk.nih.gov>

Nutrition 4 Kids (*USDA's Agricultural Research Service*) <http://www.ars.usda.gov/is/kids>

Power Panther (*USDA*) <http://www.fns.usda.gov/eatsmartplayhard/Zone/bio.html>
Power Panther information and materials

Team Nutrition (*USDA*) www.fns.usda.gov/tn
Team Nutrition information, and materials

Organization Sites

American Diabetes Association <http://www.diabetes.org>

American Cancer Society <http://www.cancer.org>

American Dietetic Association <http://www.eatright.org>

American Heart Association <http://www.americanheart.org>

American Lung Association <http://www.lungusa.org>

American Medical Association <http://www.ama-assn.org>

American School Food Service Association <http://www.asfsa.org>

Arkansas Beef Council www.arkansasbeef.org

Arkansas Wheat Council www.arkansaswheat.org

Ask the Dietitian <http://www.dietitian.com>

Beef Nutrition <http://www.beefnutrition.org>

Dietitians of Canada <http://www.dietitians.ca>

Fight Bac! www.fightbac.org

Foodservice <http://www.foodservice.com>

Grains Nutrition Information Center <http://www.wheatfoods.org>

Mayo Clinic <http://www.mayohealth.org>

National Fluid Milk Processors Promotion Board <http://www.whymilk.com>

National Kidney Foundation <http://www.kidney.org>

National Pork Producers Council www.nppc.org

National Osteoporosis Foundation <http://www.nof.org>

Vegetarian Resource Group <http://www.vrg.org>



Notes
